



Athena Spinning

Assembly Instructions



Set body base onto peddle assembly and gently tighten nut



Insert pin into footman
retainer until it clicks



Insert pin into footman
retainer. Left for spinning,
right for plying



Depress the lever



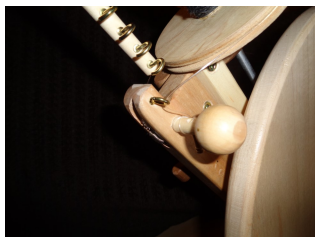
Insert into slot



Insert retainer key



Set flyer onto shaft,
spin until it seats



Apply scotch tension.
There should be no
stretch on the spring.



Use retainer key to adjust
ratio (gently tighten)
All the way up is 13:1, down
is 5:1. Currently set about 8

